

## **MSA Academy, Performance Master Classes- Knockhill.**

**Saturday 30<sup>th</sup> April 2011.**

### **For SMRC Drivers & Invited Championships:**

10.30: MSA Academy – An Introduction.

11.00: 1A Maximising your potential as an Athlete.

11.30: 1B Setting your goals and implementing them through planning.

12.00: 1C Creating your winning team.

12.30: 1D Communications and sponsorship.

14.00: The Racing Parent **(Parents / Guardians Only)**.

14.30: 100%ME UK Anti Doping.

15.00: 1A Maximising your potential as an Athlete.

15.30: 1B Setting your goals and implementing them through planning.

16.00: 1C Creating your winning team.

16.30: 1D Communications and sponsorship.

17.00: The Racing Parent **(Parents / Guardians Only)**.

### **ALL Competitors are welcome at the following sessions:**

17.30: MSA Academy – An Introduction.

18.00: 100%ME UK Anti Doping.

18.30: Q&A Session with Robert Reid (2001 World Rally Champion Co-driver), Lewis Williamson (2010 McLaren, Autosport, BRDC Young Driver of the Year Winner / GP3 Driver) & David Wagner (BARC Formula Renault Driver).



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